



Press Release

For Immediate Release
March 3, 2010

Cheryl Iny Harris MPH, RD, LD is Celiac Sprue Association Grant Recipient

The Celiac Sprue Association® (CSA) Peer Review Research Grant Program has awarded a grant to Cheryl Iny Harris MPH, RD, LD for an innovative video project. The Celiac Disease Video Project will provide 25-30 minutes of footage on common symptoms, prevalence and diagnosis of celiac disease and will focus on the only treatment—the gluten-free diet. Upon completion, the Celiac Disease Video will be available in DVD form for use by support groups and uploading onto websites. The footage will also be uploaded onto YouTube and other social media networks. Collaborating with Ms. Harris on the video project is John Snyder, MD, FAAP, Chief of the Division of Gastroenterology, Hepatology and Nutrition and head of the Celiac Disease Program at Children's National Medical Center in Washington, D.C.

Ms. Harris holds a Master of Public Health Nutrition from the University of California, Berkeley and is a Registered Dietitian and Nutritionist. Her private dietetic practice in Alexandria, VA, Harris Whole Health, provides individual counseling on diet and health, specializing in Celiac Disease and avoiding food allergens. Ms. Harris has written numerous articles on celiac disease and the gluten-free diet, teaches classes on gluten-free diet basics, and maintains a website and blog as well as producing a newsletter. She also works at the Kaplan Center for Integrative Medicine in McLean, VA with clients suffering from chronic pain and autoimmune diseases.

The CSA Peer Review Research Grant Program provides seed money for research projects in both clinical/applied research and theoretical research with therapeutic implications. Special emphasis is placed on innovative and/or cooperative research approaches. CSA, as a member based non-profit organization, funds programs through memberships, donations, and special fundraising projects. Partial funding for this project has been provided by the L. Lodico Walk for Celiac Disease sponsored by the CSA Long Island Celiac Sprue Support Group #23. CSA maintains a national leadership role in celiac disease through a network of over 125 Local Chapters and Resource Units throughout the country. Members spread awareness and provide support in their mission as "Celiacs Helping Celiacs". Current information on CSA and the Peer Review Research Grant Program is available at the CSA website, www.csaceliacs.org or by calling toll free 877-CSA-4-CSA. ###