

Camp Celiac

Suggested Packing List:

Please clearly label all items with first and last name with a permanent marker

- Sleeping bag or twin size sheets and pillow
- Towels
- Toiletries (shampoo, soap, deodorant, comb, brush, feminine products)
- Shower Shoes
- Laundry Bag
- Sunscreen
- Bug Spray
- Rain Coat
- Long pants (ie. Jeans)
- Sneakers that tie
- Swimsuit and Towel
- Pre-addressed and stamped stationary to write home
- Sweatshirt
- Flashlight, batteries
- Medication in prescription labeled bottles only
- Camera and film

Do Not Bring The Following:

- Food, gum, candy of any kind...it attracts mice and chipmunks!
- Cell phones, I Pods, CD Players, DVD Players, Video Games or any electronic devices
- Pets
- Anything valuable that you would not want to lose
- Money