

Recognizing Celiac Disease is the complete guide to recognizing, diagnosing and managing celiac disease. It is a reader-friendly, reference manual written for both medical professionals and the general public.

The NIH now estimates celiac disease affects up to 1 in 100 people, making *Recognizing Celiac Disease* both timely and urgently needed.

The book provides:

- Up-to-date scientific information obtained from hundreds of research studies and case reports from around the world.
- Explanations of gluten (the cause of celiac disease), sources of gluten in food and how gluten triggers a harmful reaction in the body.
- An overview of celiac disease, including background, prevalence, description, pathophysiology, manifestations, diagnosis, management and prognosis.
- A complete description of the digestive process and how gluten disrupts both organ structure and function.
- The 3-Step Process for gluten-free diet self-management. This book will act as a guide and resource for successful dietary management by clinicians and individuals.
- Helpful lists of foods and ingredients commonly allowed and not allowed on a gluten-free diet.
- Nutritional charts detailing how deficiencies show, research study findings, case reports, response to gluten-free diet, and lists of foods with the highest sources of each nutrient to enable any person to assess his own, or a patient's, state of health regarding nutritional deficiencies related to celiac disease and then manage those deficiencies.
- Concise charts of over 300 health manifestations detailing prevalence, description, relationship to celiac disease, symptoms, causes and response to the gluten-free diet aid clinicians and patients in identifying and treating disorders caused by, or related to, celiac disease.
- 2 indexes, a comprehensive glossary, charts, figures and numbered citations from hundreds of medical journals, periodicals and texts for further study. The main index, listing over 1,000 entries, enables readers to quickly find what they are looking for and learn whether any worldwide medical studies have associated a medical condition or symptom with celiac disease.

Recognizing Celiac Disease is the first compendium on celiac disease. It has received endorsements from faculty at Columbia, Harvard, Jefferson and Temple

University medical schools. *Recognizing Celiac Disease* is also endorsed by the National Foundation for Celiac Awareness and the Celiac Sprue Association USA - which will carry and recommend it to its members.

Whether you work in a medical field or are just interested in celiac disease, *Recognizing Celiac Disease* is a valuable reference tool you will use again and again.

A very thorough review of the literature! A useful resource.

Peter Green, MD,
Director, Celiac Disease Center, Columbia University.
Professor of Clinical Medicine,
College of Physicians and Surgeons, Columbia University.
Attending Physician, New York-Presbyterian Hospital.

Recognizing Celiac Disease is an excellent up to date and most comprehensive manual that is based on The National Institutes of Health sponsored Consensus Development Conference of June 2004. This work delivers an overview of celiac disease with a concise picture of the pathogenesis, clinical manifestations, diagnostic tools and treatment of celiac disease. Most of all, it expands on the nutritional deficiencies and complications of this disease, emphasizing the dietary management of these patients.

This work will serve as an excellent reference to physicians, medical students, dietitians, patients and the general public as well.

Kenneth R. Falchuk, MD,
Associate Clinical Professor, Harvard Medical School.
Senior Gastroenterologist,
Beth Israel Deaconess Medical Center.

As simpler and more available testing is becoming available, celiac disease is emerging as a significant disease with a diversity of clinical presentations, often unrelated to the gastrointestinal tract.

Recognizing Celiac Disease provides medical personnel with a concise picture of the many clinical manifestations of how this disease can be expressed. Additionally, it discusses in-depth, the multitude of diagnostic techniques necessary to conduct a comprehensive differential diagnosis, along with the detailed treatment considerations. Specifically, the complexities of gluten free diet regimens are meticulously discussed.

Recognizing Celiac Disease is a comprehensive celiac disease reference that will serve as a manual for physicians and medical personnel that diagnose and treat this complex disease process.

Wayne A. Satz, MD, FAAEM,
Associate Professor, Emergency Medicine
Vice Chairperson, Clinical Affairs
Medical Director, Temple University Hospital Emergency Department

I appreciate having this remarkable and thoroughly researched resource on my desk when I counsel with patients who have celiac disease. It is very useful and user friendly.

Mary Sue Walker, PhD, RD, LDN
Clinical Nutrition Specialist
Children's Hospital, Pediatric Gastroenterology, P.C.
Knoxville, Tennessee

This manual will serve as an excellent informational reference for our membership, as well as physicians, dietitians and other health care professionals. The presentation provides useful, reliable, easy-to-understand health and diet information to supplement the information from one's health team.

Mary A. Schluckebier, BS, MA,
Executive Director,
Celiac Sprue Association - USA.